

# Actor Training From Body To Text.

WHAT HAPPENS THE MOMENT BEFORE AN ACTOR SPEAKS?

A WORKSHOP IN CRETE FOCUSING ON THE EMBODIMENT OF SPOKEN ACTION.

TAUGHT BY MOVEMENT SPECIALIST TINE DAMBORG AND STAGE DIRECTOR JONATHAN PAUL COOK. FOR MANY YEARS BOTH HAVE BEEN TEACHING A RANGE OF MOVEMENT AND DRAMATIC FORMS AT THE DANISH NATIONAL SCHOOL OF PERFORMING ARTS. DAMBORG HAS JUST COMPLETED HER MFA AT THE ROYAL CENTRAL, (LONDON). COOK WAS A FOUNDING MEMBER OF FOOTSBARN THEATRE, (CORNWALL + FRANCE) AND FORMER DIRECTOR OF THE DELL' ARTE SCHOOL OF PHYSICAL THEATRE, (CALIFORNIA).



THE WORKSHOP WILL TAKE PLACE AT THE SPECTACULAR SOUTH-EASTERN END OF CRETE, IN THE MOUNTAIN VILLAGE OF PEFKI.

MONDAY OCTOBER 1 ST - FRIDAY OCTOBER 12 TH - 2018

6 HOURS PER DAY:

10 AM - 1 PM: MOVEMENT AND TECHNICAL EXERCISES

1 PM - 3 PM: LUNCH AND REST

3 PM - 6 PM: IMPROVISATION, COMPOSITION AND APPROACH TO TEXT

THE FEE OF 650€ COVERS THE COST OF THE WORKSHOP, SHARED ACCOMMODATION IN THE VILLAGE OF PEFKI, 5 RIDES UP AND DOWN THE MOUNTAIN AND LUNCH ON WORKING DAYS AT "PIPERIA" - THE ACCLAIMED LOCAL TAVERNA.

FOR FURTHER INFORMATION PLEASE VISIT OUR WEB PAGE:

[HTTP://WWW.ADRIANIACTORS.EU](http://www.adrianiactors.eu) OR EMAIL: [TINEDAMBORG@MAC.COM](mailto:TINEDAMBORG@MAC.COM)